9th / 10th Grade - College and Career Readiness

Welcome!

While we wait to start, students should complete the Fiske self quiz (on page 2 of the packet).

Agenda

College Admissions

• GPA, test scores, diploma types, extracurricular activities, letters of rec

Summer Programs

sample programs and financial aid

Naviance

helpful tools for college and career exploration

Financial Aid

key terms, EFC calculator, net price calculators

Transitions are tough...

High school aged students often experience the most **anxiety** in ninth and twelfth grade.

Students in ninth grade often feel lost and overwhelmed.

Take things one step at a time! Get your procedures down (bell schedule, daily planner, etc.) and focus on doing your best work academically.

It's never too early, however, to start thinking about college and how you can best prepare yourself for the process.

True / False - College and Career Readiness

As long as I pass my classes in high school, I can go to college.

TRUE OR FALSE?

This is completely false—the **average** four year college requires an 85+ average through all four years of high school. Students with GPAs ranging between 65-79 generally attend community colleges, which only offer two year degrees.

To gain admission at **highly selective** colleges, students should aim for 95+ averages.

True / False - College and Career Readiness

I can earn just as much money if I don't go to college.

TRUE OR FALSE?

According to a Forbes study in 2012, **college graduates earn an additional \$830,000 throughout their lifetime**. According to another study (released by First in the Family), college graduates earn an estimated \$1,000,000 additional income over the course of their lifetimes.

True / False - College and Career Readiness

Graduating high school with the **minimum** NYS requirements will prepare me for college.

TRUE OR FALSE?

Most competitive colleges want students to have four years of study of all core subjects—math, science, English, and history. In NYC, you can graduate with only three years of math and science. However, that will not qualify you for admission to most colleges!

Diploma Types at BTHS

Bipioilia i y	pes at Birio
Advanced Regents Diploma	BTHS Diploma
8 Regents with 65 or better: 3 Math, 2 Science, ELA, Global, US History, and LOTE	In addition to the criteria for an Advanced Regents diploma, students must
with Mastery in Math: all above plus 85 or higher on each Math Regents	 pass 2 semesters of Design & Drafting for Production pass 2 semesters of AP Principles of Computer
with Mastery in Science: all above plus 85 or higher on each Science Regents	 Science pass Chemistry & Physics and their corresponding Regents exams
with Designation with Honors: all of the above with a computed average of 90 or higher	 pass all courses required for their specific major complete 50 hours of community service
In terms of credits, you need (at minimum) 8 semesters of English, history, and PE, 6 semesters of math and science, and arts, health, and elective credits. Most colleges want a fourth year of math, science, and LOTE (and a rigorous program).	 participation in clubs, events, and/or teams hours will be tracked with your guidance counselor

What colleges did they attend?

	Cohort 2017	Cohort 2018
4 year colleges	98.1%	99.0%
2 year colleges	1.0%	1.0%
NY Public	58.7%	62.3%
Out of State Public	22.8%	18.2%
Private	18.4%	19.1%

You can find a list of where 2018 graduates went here: 2018 BTHS Grad Matriculation List

How do people pick their college?

Students should seek colleges that are an academic, financial, and social fit.

- academic fit appropriately challenging; offers your major(s)/minor(s) of choice
- **financial** fit affordably priced; allows you to attend with minimal family contribution and/or minimal loans
- social fit you feel a sense of belonging/community on campus;
 beliefs/attitudes/values of student body reflect your own

Academic fit - what is a GPA?

Your GPA stands for grade point average.

A mathematical average is found by adding several values, then dividing by the total number of values.

If you take AP courses sophomore/junior/senior year, your GPA will be weighted.

This means a 90 is weighted as a 99. An 80 is an 88, etc.

Note – colleges typically report grades on a 4.0 scale.

Academic fit - what is a GPA?

You can use the table to the right to convert your GPA from 100 to 4.0 scales.

More detailed tables can be found online.

100 Point Scale	4.0 Point Scale
100	4.0
90	3.5
85	3.0
80	2.5
75	2.0





GPA Goals

What kind of GPA is **Brooklyn College** looking for?

88.2

What's the average incoming GPA at **BMCC**?

76.0

FOUR-YEAR COLLEGES	High School Average
Baruch College	89.8
Brooklyn College	88.2
The City College of New York	89.9
The Sophie Davis Biomedical Education Program/CUNY School of Medicine	95.0
College of Staten Island	87.3
Hunter College	89.4
John Jay College of Criminal Justice	85.6
Lehman College	87.2
Macaulay Honors College	94.4
Medgar Evers College ³	76.4
New York City College of Technology ³	81.3
Queens College	88.3
York College	82.8

GPA Goals

Flip your paper over so you're looking at the SUNY Admissions Summary.

What kind of GPA is **SUNY Binghamton** looking for?

92-98 range

What kind of GPA is **SUNY Purchase** looking for?



Admissions Informa

For more information call our toll-free number at 800-342-

Campus Name (by campus type)	Undergraduate Enrollment	SAT Scores*1 (combined) Scores re) GPA	De A
University Centers and I	Doctoral Deg	ree Grant	ing Inst	itutio	ns
Albany	13,508	1150-1310	23-27	88-94	
Binghamton	13,694	1300-1440	28-32	92-98	
University at Buffalo++	20,811	1190-1350	25-30	91-96	
Stony Brook++	17,364	1260-1420	27-32	91-97	
SUNY Polytechnic Institute	2,100	1100-1300	24-29	88-94	

87-91 range

GPA Goals

The most elite colleges and universities have extremely high desired GPA and mean test scores.

Sample National Universities

Sample	Liberal	Arts	Colleges
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College Name	SAT	GPA
Columbia University	1530	4.0 (97+)
Tufts University	1500	4.0 (97+)
New York University	1440	3.8 (93+)

College Name	SAT	GPA
Amherst College	1500	4.0 (97+)
Vassar College	1430	4.0 (97+)
Skidmore College	1385	3.8 (93+)

How do I improve my GPA?

Your GPA **goes up** every time you get a semester grade **higher** than your cumulative average.

Your GPA goes down every time you get a semester grade lower than your cumulative average.

Yes, PE and art are graded!

What else do colleges care about?

Colleges care about your **extracurricular activities.** These are activities you're involved in outside of class time.

Brooklyn Tech has an incredible amount of extracurricular opportunities available...

Check out the list of <u>clubs/activities</u> in your packet!

Extracurricular Activities

- Student Government Organizations
- Academic Organizations/National Societies: National Honor Society, Girls Who Code
- Service Clubs: Red Cross, Key Club
- Performance Clubs: STEP teams, acapella
- Academic Clubs/Teams Mock Trial,
 Model UN
- Publications e.g. school newspaper,
 literary magazine
- Comprehensive BTHS Club List

- Athletics –badminton, cross country, fencing, football, soccer, swimming, tennis, and more!
- Comprehensive list here:
- BTHS Athletic Teams

Extracurricular Activities

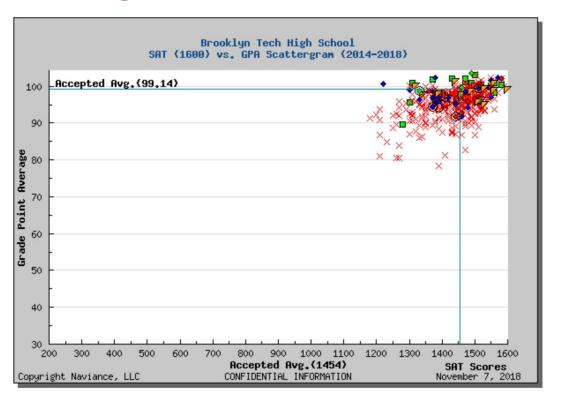
But what if I'm not a club or sport person?

- the extracurricular activity does not need to be BTHS affiliated for college purposes if you are involved in an outside school activity through an **external** organization, that's fantastic!
- colleges all see the comprehensive list of clubs and sports available on our **HS profile** they will wonder why you weren't involved!

Extracurricular Activities

- Q) What's the big deal with extracurricular activities? Aren't my grades and test scores all that REALLY matter?
- No! At high volume public universities (e.g. CUNYs and SUNYs), admissions is more of a numbers game. This is not the case at private universities and colleges!

Scattergrams

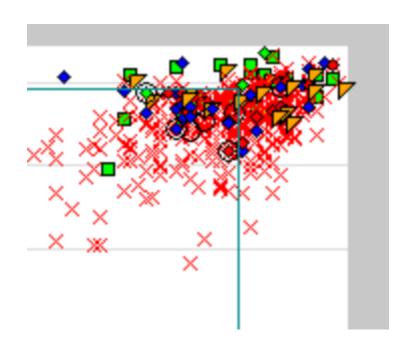


You now have access to the scattergrams at **BTHS**. This shows you which students have been accepted, declined, and waitlisted at various colleges and universities.

Scattergrams

Zooming in you can see there are students who were accepted (in green) with slightly lower GPA and SAT scores than ones who were rejected (in red). What could account for this?

You will also see there are plenty of students with near perfect GPAs and test scores who were rejected - numbers aren't everything.



Scattergram for Princeton University (BTHS 2014 – 2018)

Teacher letters of recommendation

To determine what qualities colleges want to see, look no further than the teacher recommendation forms.

Your instructors (you will choose them) will evaluate you based on the criteria here - and they will compare you to others in your class year.

Ratings Compared to other students in his or her class year, how do you rate this student in terms of:

No basis		Below average	Average	Good (above average)	Very good (well above average)	Excellent (top 10%)	Outstanding (top 5%)	One of the top few I've encoun- tered (top 1%)
	Academic achievement							
	Intellectual promise							
	Quality of writing							
	Creative, original thought							
	Productive class discussion							
	Respect accorded by faculty							
	Disciplined work habits							
	Maturity							
	Motivation							
	Leadership							
	Integrity							
	Reaction to setbacks							
	Concern for others							
	Self-confidence							
	Initiative, independence							
	OVERALL							

Teacher letters of recommendation

Are you surprised by some of the qualities on this list?

What are your **strengths** and areas of **growth**?

What could you do to **improve** in some of your growth areas?

academic achievement	intellectual promise
quality of writing	creative, original thought
productive class discussion	disciplined work habits
maturity	motivation
leadership	integrity
reaction to setbacks	concern for others
self confidence	initiative, independence

Colleges make inferences about you based on your extracurricular involvement!

 Your transcript and test scores will help demonstrate your academic achievement, intellectual promise, quality of writing, and disciplined work habits! Your outside of school activities can help speak to your maturity, motivation, leadership, integrity, concern for others, self-confidence, and initiative and independence!

Someone who engages in community service frequently, cultivates a hobby/passion, or is an integral part of a team (sports or otherwise) is more appealing to colleges!

What else do colleges care about?

Colleges care about standardized test scores. In other words, they care about your **Regents** scores, **SAT** scores, and **ACT** scores (tests you will take junior year). To be on track for an Advanced Regents diploma, aim for 90+ on all your Regents exams.

CUNY college readiness benchmarks are 70+ for all Common Core Math Regents and 75+ for all CC ELA Regents – if you do not hit this benchmark, you will need to take remedial coursework in these subjects.

Summer Opportunities for 9th/10th Graders

Check your hand out titled *Sample Summer Programs Open to 9th and 10th Grade Students.*

Enrolling in a pre-college summer program has two major benefits:

- it can strengthen your college application (the Common Application has a section for you to report college coursework)
- it can help you determine what you're looking for in a college (e.g. campus environment, instructional style, majors, etc.)

Summer Programs for 9th and 10th Graders

Free or low cost summer pre college programs

Institution	Grade Level	Sample Course Titles
CUNY Brooklyn College	Rising 11-12	Aquatic Ecology Institute
CUNY Hunter College	Rising 11-12	Summer Science Institute
CUNY CCNY	Rising 11-12	Summer Architecture
SUNY Purchase	Rising 9-12	3D Game Design; Architecture; Acting
SUNY FIT	Rising 9-12	Interior Design; Illustration

Summer Programs for 9th and 10th Graders

College Name	Grade Levels
Columbia University	9-12
Duke University	9-12
Harvard University	Rising 10-11
Tufts University	Rising 11-12
University of Chicago	9-12
Smith College	9-12
Spelman College	Rising 11-12

Note: while these programs can be costly, many offer need based scholarships (room and board is sometimes included!)

Apply early for financial aid consideration. Most applications open Nov/Dec 2018.

The Importance of the On Campus Visit

Visiting college campuses does not have to entail a road trip, plane ticket, or hotel stay (though it's awesome if you can!)

Colleges you (and your family) can visit locally using just your Metrocard – register for a visit/tour/info session online:

Columbia	Fordham (BX and LC)	New York University
Barnard	Fashion Institute of Technology	School of Visual Arts
Pratt Institute	Cooper Union	All the CUNYs!

Naviance is a postsecondary planning tool for high school students, parents, and counselors. It has helpful career and college planning functions - BTHS also uses it to manage the college application process. Your username is your BTHS email and your default password is your OSIS #.

The earlier you get familiar with Naviance, the better!

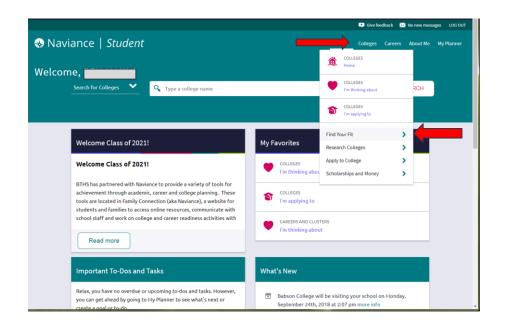
Here are some suggested uses for 9th and 10th graders (and parents).

When you log in, you will see this screen.

Select "Colleges" on the top right

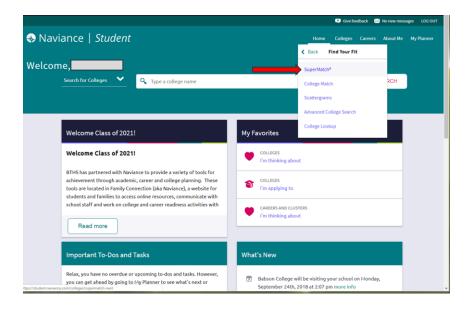
then

click "Find Your Fit" from the drop down.



Select SuperMatch - this will help you start to build your college list using criteria that you identify.

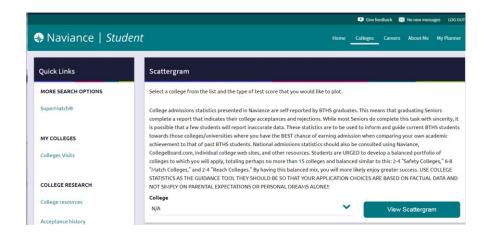
For example, location, academics, diversity, student life, cost, etc.



[Show demo]

It's pretty early to start doing so, but you can also use Scattergrams to start looking at admissions results for BTHS applicants to specific colleges/universities.

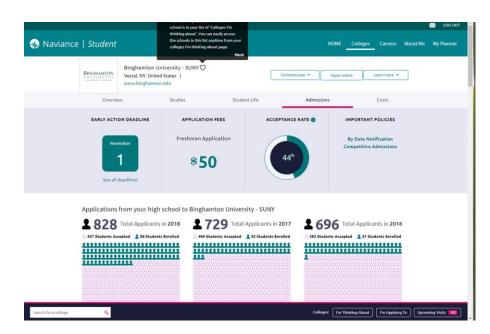
These numbers are self-reported by BTHS graduates at the end of the year.



After you select the college/university from the dropdown, you will see this screen.

Note - the data will be more accurate and reliable the larger the number of data points reported.

You can see total numbers of applicants as well as how many were accepted then enrolled.



When you scroll down, you can see how applicants fared when you reference their weighted GPA and SAT score.

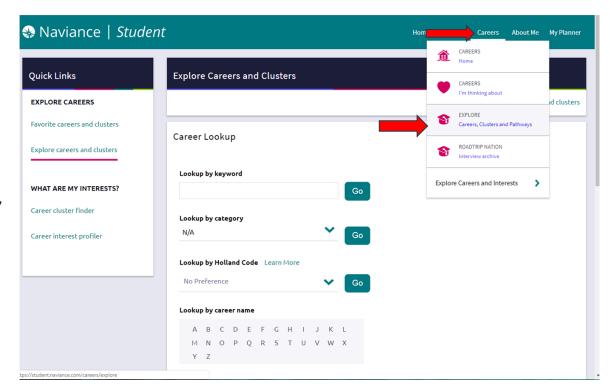
This will give you a sense of the competition as you compare colleges/universities - you can use this to set GPA and SAT goals. During spring of junior year, you can use this to start working on your college list.



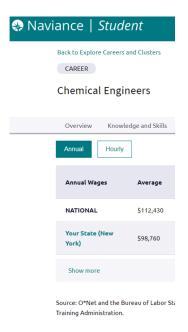
This would also be a great time to start exploring careers.

First select the Careers tab, then select "Explore" from the drop down menu.

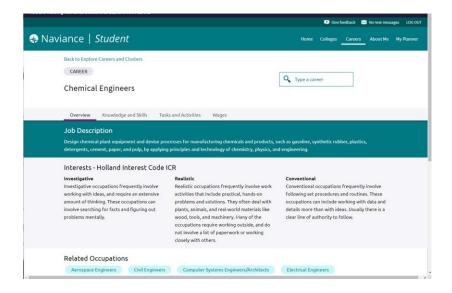
Here you can look up job descriptions, salaries, and other key information.



Naviance



For example, looking up chemical engineering you can start building your vocabulary related to college majors and research their average national and **NYS wages**.



Naviance

Use the career cluster finder to brainstorm career ideas and college majors.

There is growing research that people tend to gravitate toward career clusters and work type environments moreso than one specific career or job.

For instance, education encompasses teaching, social work, administration, school nursing, counseling, etc.!



Naviance

At the end of your survey/inventory, you will get matched with a few top career clusters.

Add these clusters to your list. It can be helpful in your college search later.



Some colleges are overrepresented in terms of BTHS applications - others are underrepresented.

The more **overrepresented** (or saturated) the college, the **harder** it is for you to get in.

The more **underrepresented** the college, the **greater** your chances of admission.

Let's look at a few examples.

College Name	National Acceptance Rate	BTHS Acceptance Rate
Barnard College	14	5
Bryn Mawr College	38	33
Smith College	32	33
Mount Holyoke	50	66

98% of first year students at Barnard live on campus - if you're willing to pay for dorming there, why not consider Bryn Mawr, Smith, or Mount Holyoke?

College Name	National Acceptance Rate	BTHS Acceptance Rate
Lafayette College	31	26
Oberlin College	34	50
Kenyon College	34	66
Muhlenberg College	48	60

If you want a small selective liberal arts college, pick some that have fewer BTHS applicants. It could dramatically improve your chances of admission!

College Name	National Acceptance Rate	BTHS Acceptance Rate
Tufts University	15	9
Northeastern University	19	13
Boston University	22	25
Brandeis University	34	45

If you want a medium to larger sized university in the Boston area, why not consider schools where fewer BTHS students apply?

Financial fit - key terms and ideas

There are two main categories of financial aid – merit based and need based aid.

Merit aid is based on your grades, test scores, extracurricular involvements, and other criteria (including if you're a student from an underrepresented group – gender, ethnicity, region, etc.)

Need based aid is based on family income and assets.

To maximize your chance of getting merit aid, aim to maximize your academic performance and stay active in extracurricular activities!

Did you know...

schools only
offer need
based, not merit,
aid?

Financial fit - key terms and ideas

Pell Grant

- Given by the federal government.
- Current maximum is \$6095 per year.
- Need based grant not related to grades/achievement, only related to family income.
- Renewable every semester but you must maintain full time college enrollment and make adequate academic progress (GPA 2.0 or higher -75+).

You apply for this senior year by filling out a FAFSA application.

Tap Grant

- Given by NY state government.
- Current maximum is \$5165 per year.
- Need based grant not related to grades/achievement, only related to family income.
- Renewable every semester but you must maintain full time college enrollment and make adequate academic progress (GPA 2.0 or higher - 75+).

You apply for this senior year by filling out a TAP application.

Financial fit - key terms and ideas

What about Excelsior ("free college" in last year's news cycle)?

It's important to view Excelsior through the lens of Pell and TAP. Both of these are government funded need based grants. If you get full Pell and full TAP (most students with free lunch, some with reduced price lunch), Excelsior is irrelevant because your Pell and TAP is greater than \$5,500 combined.

However, if your family makes under 125,000 per year (AGI – post deductions) and you do NOT qualify for free lunch, you could qualify for a \$5,500 grant annually – this award can only be used at CUNYs and SUNYs.

For each year that you use/accept your Excelsior award, you will need to live/work in the state of New York for one year after graduation. If you can't fulfill this obligation, the award will be converted to a loan (currently at 0% interest).

What about financial aid?

If you'd like to get a preview of your **EFC** (estimated family contribution), you can use College Board's <u>EFC calculator</u>. This will give you a ballpark figure for family estimated contributions – in other words, the amount the federal government expects your family to pay per year for your education (you also have this on a hand out).

Note – colleges don't need to meet 100% of your aid according to your EFC. Also, loans are considered financial aid. To get a better sense of how much a college may offer you/your child, use your EFC in a college's **net price calculator**.

Already have a college savings account (e.g. **NY 529**)? Great! If not, consider opening one for your student.

What about financial aid?

EFC Quick Reference Table (note - this changes annually)

	# of dependent children	
AGI	1	2
\$25,000	0	0
\$50,000	4,000	3,000
\$75,000	11,000	9,000
\$100,000	19,000	17,000
\$125,000	26,000	24,000

Yes, this means the federal government believes a single parent making 75k with two kids can afford 9,000 per kid per year.

This is why it's really important to be strategic with your list!

What about financial aid?

HEOP/EOP/SEEK Reference Table

Household Size (incl head of household)	Total Annual Income in 2017 Calendar Year
1	\$22,459
2	\$30,451
3	\$38,443
4	\$46,435
5	\$54,427
6	\$62,419

HEOP/EOP/SEEK can provide admissions advantages and financial assistance to eligible students.

Students must meet the financial criteria (updated every year) - keep in mind, assets (home ownership, car ownership, savings accounts, 529s, etc.) can impact your eligiblity.

HEOP/EOP/SEEK are only in the state of New York. You will hear more about these programs at junior and senior night.

NY 529 – additional information

- \$ grows tax deferred
- Withdrawals are tax free for qualified higher education expenses
- State income tax deductible up to 5,000 for single filers or 10,000 for married filers
- Anyone can contribute parents, aunts/uncles, grandparents, friends, etc.
- Can be used on siblings or other family members (or parents!) for educational expenses – transferrable

Sample qualified expenses:	Non qualified expenses:
Tuition, room, board, technology (laptops, printers, etc.), books/supplies	Transportation, paying back student loans, cell phone plans, etc.

Other savings options

Regular savings accounts or brokerage accounts – these have no limitations but also no tax benefits.

Consider a **high yield savings account** – eg. Marcus by Goldman Sachs (2.05% APY), Barclays Bank, Amex National Bank. Shop around for best rates.

Or

CD ladder (certificate of deposit) – e.g. a 3 year (3.0% APY), 2 year (2.8% APY), and 1 year (2.35% APY) – note, many have minimum deposit amounts. Shop around for best rates.

CUNY Colleges

SUNY Colleges

Annual tuition: \$6,730

Fees: \$225.10

Annual tuition: \$6,870

Fees: \$2,938

Room and board: \$15,058

Total estimated direct cost:

\$6,955.10

Total estimated direct cost: \$24,866

(without financial aid)

Vassar College

Harvard University

Annual tuition: \$56,130

Fees: \$830

Room and board: \$13,550

Annual tuition: \$46,340

Fees: \$4,080

Room and board: \$17,160

Total estimated direct cost: \$70,510 Total estimated direct cost: \$67,580

(without financial aid)

Those sticker prices can be shocking, but here's how **financial aid** can cover your cost of attendance...

CUNY Hunter College	SUNY Binghamton	Haverford College
Ticket price: 6,700	Ticket price: 24,000	Ticket price: 76,000
Net price to student/parent: 0	Net price to student/parent: ~7,000/year	Net price to student/parent: ~4,000
6 year grad rate: 51%	6 year grad rate: 80%	6 year grad rate: 94%

This is assuming the student qualifies for **free lunch** and has an **EFC of 0**.

Those sticker prices can be shocking, but here's how financial aid can cover your cost of attendance...

CUNY Hunter College	SUNY Binghamton	Haverford College
Ticket price: 6,700	Ticket price: 24,000	Ticket price: 76,000
Net price to student/parent: ~6,700 (1,200 w. Excelsior)	Net price to student/parent: ~24,000 (18,500 w. Excelsior)	Net price to student/parent: ~11,000
6 year grad rate: 51%	6 year grad rate: 80%	6 year grad rate: 94%

This is assuming household income is **80k for household of four** and has an **EFC ~10k** annually.

Not all colleges give the same aid!

Generally speaking, CUNYs and SUNYs only give need based aid, not merit aid. This means you will likely pay the same (or close to the same) at Hunter College & Brooklyn College. Similarly, Binghamton and Stony Brook will be a similar price.

Private colleges and universities have a much greater ability to give both need and merit-based aid. If you are admitted to both NYU and Barnard College, you could end up with two very different financial aid packages, despite the fact that they're 7.2 miles apart in Manhattan. For this reason, it's important to research your private colleges and universities carefully.

Not all colleges give the same aid!

<u>Here</u> is a list of colleges that have made commitments to reduce or eliminate student loans from financial aid packages (you also have this on a hand out).

There are big universities as well as small colleges on this list - urban and rural.

What they all have in common are large **endowments** and **prestige** - in other words, they have a lot of money and have great reputations.

Not all colleges give the same aid!

Aside from **institutional merit aid** (e.g. College X gives you \$50,000 as an incentive to attend), there are **third party merit scholarships** (e.g. Gates Millennium) that you can use at any institution you get into. You can start exploring these junior year.

There are also the **POSSE** and **Questbridge** scholarships which aim to increase socioeconomic diversity on partner campuses - these, however, are **binding ED** processes and are **highly** competitive. Similarly, these scholarships start opening spring of junior year.

In summary...

To be college on track for college readiness,

- Aim for 90+ GPA (3.5 or higher).
- You must pass every class missing any credit will make you off track to graduate and will be a red flag to your colleges.
- Aim for minimum 90+ on all Regents exams.
- Sign up for summer classes, internships, or work opportunities.
- Visit local colleges to expand your vocabulary around your preferences –
 NYU, Barnard, Columbia, New School, Fordham, etc.
- 10th graders in the spring, we will have a major selection info session!

How can parents help?

To help your child be on track for college and career readiness,

- Review your child's marking period and semester grades. Discuss plans for improvement if needed.
- Assist your child in searching for summer opportunities.
- Try to visit local colleges with your child let them ask questions!
- Budget for college start saving now to avoid sticker shock later.
- Consider buying the *Ruggs Recommendations, Fiske Guide, Princeton Review Guide, Colleges That Change Lives,* or other college review books.
 - Conduct your own research to broaden your college knowledge.
- Reinforce healthy messages about student success!